

# BARREL | BACK restaurant

## Breakfast Menu | 8:30am-11am

### Healthy Start | 10

greek yogurt, granola, seasonal berries V

### Avocado Toast | 12

focaccia bread, avocado, tomato, red onion, radish,  
everything bagel seasoning V

*add two eggs | 4*

### Farmer's Breakfast | 16

two eggs any style, cajun seasoned home fries, bacon & sausage, choice of toast GF

### French Toast | 13

three pieces served with maple syrup V

### Eggs Benedict | 14

english muffin, ham, poached eggs, hollandaise, scallions

### Buttermilk Pancakes | 11

three fluffy cakes, butter, & maple syrup V

*add blueberries or chocolate chips | 4*

### Breakfast Quesadilla | 16

flour tortilla, scrambled eggs, Plath's smoked bacon, provolone, tomato, sweet onion, salsa, & cilantro-lime  
sour cream

### West Arm Omelette | 15

ham, bell pepper, sweet onion, cheddar cheese served with mixed greens & balsamic vinaigrette GF

### Brisket Poutine | 18

house-smoked brisket, cracked pepper gravy, cheddar curds,  
tomato, red onion, pickled jalapeños, french fries

### Breakfast Sandwich | 12

two fried eggs, smoked bacon, american cheese, english muffin

## Sides

Fruit | 7      Greek Yogurt | 6      Granola | 4      English Muffin | 4 V  
Toast | 4 (*White, Wheat, Marbled Rye, Gluten-Free*)      Plath's Bacon or Sausage Links | 5

This establishment uses shellfish. Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs can increase your risk of foodborne illness.

Please notify your server of any allergies or dietary restrictions.

\*GF/V items can be prepared gluten free or vegetarian.